



**Compare Your Vein  
Treatment Options & Find  
the Best Fit for You**

# Comparing Vein Treatments

If you have a vein disorder, maybe you've already researched your symptoms and come to a conclusion on what you can do to help alleviate your situation. Then you probably already know that, ultimately, many vein issues continue to worsen without proper treatment. It's hard to self diagnose vein issues because there is a lot going on under your skin that you can't see. A physical ultrasound will give you the clearest picture of your vein disorder, and determine the best treatment options for you.

We know that pausing your life to come into a doctor isn't always possible, so we wanted to make it a little easier for you to compare treatment options that might be right for you. Below are some of the most common treatments.

## Compression & Support Garments

### What are they?

Compression garments are essentially just a stocking-like item that you wear on the area where your vein issues are present. They are used to increase blood flow and reduce swelling, pain and fatigue.



While you can often find these in multiple sizes in pharmacies, it's really best to get a custom fit with a doctor to provide you with the most accurate compression for your specific needs. These garments are often used to reduce the severity of symptoms and speed of disease progression. They can be used as a preventative measure, as well as part of a treatment plan to help increase the healing rate after another procedure is performed.

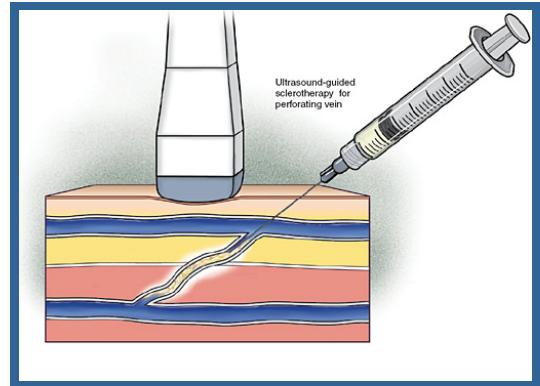
### What Types of Patients Are They Best for?

They are helpful to patients who have varicose vein disease or those who have spider veins and who want to use them as preventative maintenance.

# Sclerotherapy

## What Is It?

This is a non-surgical procedure that involves the injection of a concentrated solution through a tiny needle resulting in the affected vein being absorbed by the body naturally. Ultrasound images are useful in these cases to help better visualize the diseased veins and guide the doctor on a more accurate injection or treatment.



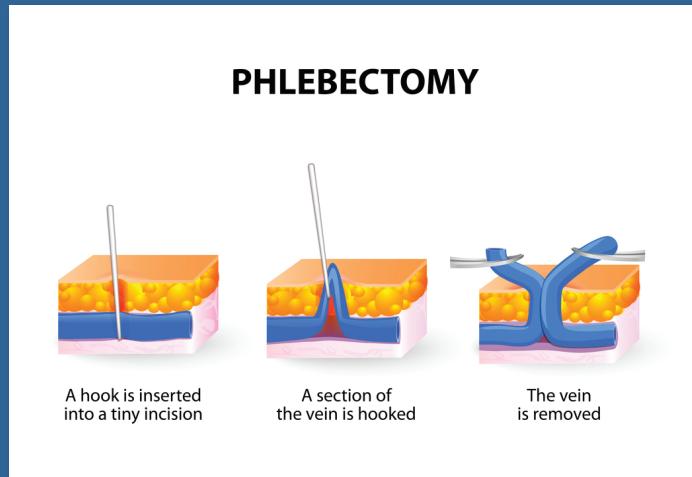
## What Types of Patients Is It Best for?

This treatment can be used on spider vein and varicose vein patients when an ablation is not well suited.

# Phlebectomy

## What Is It?

This procedure is also minimally invasive, and removes veins on the surface of the leg. Your physician will use local anesthesia to numb the area and then make a very small skin incision near the vein. Then your doctor will insert a phlebectomy hook under the surface of the skin and remove the problem vein through the same small incision. This procedure typically takes between 30 minutes to an hour. The incisions are usually so small they don't require any stitches.



## What Types of Patients Is It Best for?

Phlebectomy procedures are best for varicose vein patients.

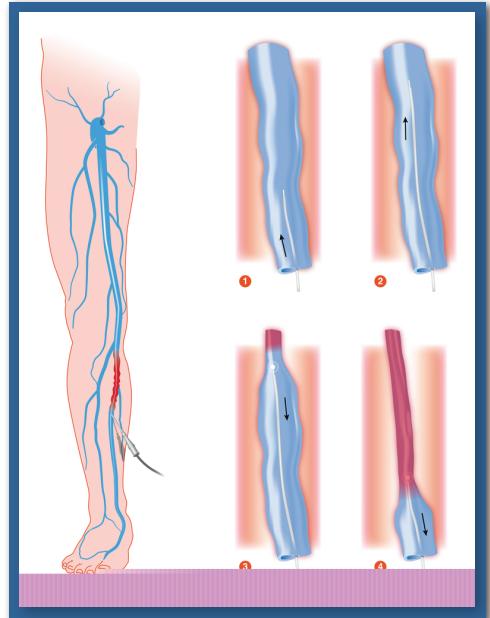
# Endovenous Ablation

## What Is It?

Endovenous Ablation is another minimally invasive treatment that works by heating up the vein wall using radio-frequency energy or a laser to shrink and seal the problem vein. When the vein has been closed, blood is naturally rerouted to healthy veins. Your body will then naturally absorb the treated vein over time.

## What Types of Patients Is It Best for?

This treatment is best suited for varicose vein patients.



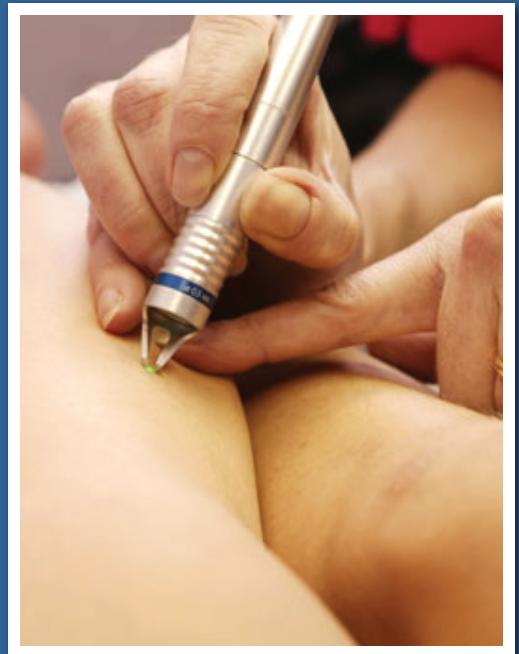
# Laser Therapy

## What Is It?

Laser therapy uses a focused beam of light that is targeted to the pigment in blood. The laser heats up the small vein and destroys it. Over a period of several weeks of treatment, the veins are reabsorbed by the body naturally.

## What Types of Patients Is It Best for?

This form of laser treatment is best suited for smaller vein issues, such as spider veins. It is not suitable for treating large varicose veins. This is mostly a cosmetic procedure, and is not usually covered by insurance.



# Figuring Out the Right Treatment Plan for You



There are many forms of treatment for each type of vein issue, but they're not all right for you. Meeting with a vein specialist for a physical exam will help determine the stage of your vein issue and ultimately the best treatment for you. Sometimes your doctor may recommend a treatment plan that encompasses more than one treatment.



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